



Name – Dr.Varun Ahuja

Assistant Professor (Guest), Department of of Yoga

Date of Joining – 06-12-2021

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Academic Records

Qualification(s)	Ph.D, NET
Area of Specialization	Yoga
Teaching Experience	02 years 2 Months
Achivements(s)	City Excellence Award by India News Index, New Delhi
Honors & Awards (Information Period from 5 years)	Award for Best Yoga Trainer-2018 by Research Foundation of India
Publications & Books, Editing (last Five years)	N/A
Conference, Seminars, Workshops, FDP, Symposium & Training Programme(Organized)	More Than 07
Conference, Seminars, Workshops, FDP, Symposium & Training Programme(Participated)	20
Resource Person	N/A
Paper presentation	06
Published Articles/ Proceedings	08